

## Max Grishkevich, M.D.

Northwest patients are choosing SmartLipo™ over other traditional methods for fat removal and body contouring



Dr. Max Grishkevich

The luxurious VIP Medispa in Clackamas is fast becoming a hub for SmartLipo™, a remarkable FDA approved fat removal and body sculpting system and alternative to liposuction and Lipodissolve.

SmartLipo™ is making its way across the country and quickly becoming popular with patients in the Northwest. VIP Medispa is one of the only spas in the Portland and Southwest Washington area to offer the procedure.

As a leading aesthetic physician, Max Grishkevich, M.D., is the founder and medical director of VIP Medispa and is passionate about helping patients look as young as they feel with remarkable results. "SmartLipo™ is one of the newest and most exciting body sculpting procedures available today and we are very pleased to offer it to our patients," he said.

According to Dr. Grishkevich, SmartLipo™ is the first and only laser-assisted lipolysis system to offer a minimally invasive procedure for the removal of fat. It is a significantly less invasive procedure when compared to other surgical methods of body shaping including

liposuction and "tummy tuck" and much more effective than Lipodissolve.

SmartLipo™ allows the surgeon to remove up to eight pounds of fat from multiple areas of the body through several tiny incisions that don't require stitches and are usually not visible after healing. It's ideal for women who have retained some fatty areas around their stomach and waist usually associated with skin laxity and sagging after pregnancy. It's also a superior method for body contouring and reshaping other areas including love handles, saddlebags, backs, thighs, hips, knees, arms, bra area, neck and chin.

SmartLipo™ is a minimally invasive procedure and can be performed under local anesthesia. The laser causes small blood vessels to coagulate immediately on contact, resulting in less bleeding, swelling and bruising, and a quicker recovery time than conventional liposuction. Because general anesthesia is unnecessary, the procedure is very safe with only minimal side effects. SmartLipo™ is also less expensive than conventional liposuction because there are no anesthesia or operating room charges.

An accomplished physician devoted to his patients, Dr. Grishkevich founded VIP Medispa in 2005 and has provided cosmetic treatments for thousands of patients. He welcomes patients to experience a state-of-the-art facility with the highest grade equipment and most up to date technology available.

The elegant 3,000 square foot spa is fully equipped and luxurious. It features eight treatment rooms and relaxing music in a calm and elegant atmosphere.

The spa is also staffed with highly trained laser specialists, aestheticians, massage therapists, a chiropractor and naturopathic physician who provide patients with improved quality of life through enhanced physical appearance and well being. The spa offers the latest in skin and body treatments using lasers, injectable fillers and other proven cosmetic procedures that are safe, effective affordable and require little or no down time for recover.

The full range of treatments and procedures in addition to SmartLipo™ include: Botox Cosmetic, Juvederm, Restylane and Microdermabrasion for wrinkle reduction; Lipodissolve, Mesotherapy and Acoustic Wave Therapy for fat removal and cellulite; Laser Vein Treatment and Sclerotherapy for veins; as well as Laser Hair Reduction, Photo Rejuvenation, Non-Surgical Face Lift and more.

A board certified physician with a special interest in aesthetic medicine and cosmetics, Dr. Grishkevich received his medical degree with honors from the Moscow Medical Academy, and internship and residency at the Marshal University School of Medicine in Huntington, West Virginia. He has received advanced training and is certified in all clinical treatments and procedures performed at the spa.

Passionate about giving back to the community, Dr. Grishkevich was awarded "Volunteer of the Year" in 2006 by Multnomah County for his work at New Life Slavic American Partnership Clinic in Portland.

**For information about Dr. Grishkevich, VIP Medispa staff and services and special spa packages, please call 503-513-5533 or visit [www.vipmedispa.com](http://www.vipmedispa.com).**

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