

## ***Bela Friedman Public Relations***

8107 SW 184<sup>th</sup> Avenue, Beaverton Oregon 97007/503-848-3640 [belaf@earthlink.net](mailto:belaf@earthlink.net)

Media contact: Bela Friedman

(503) 848-3640/503-939-2269(cell)

[belaf@earthlink.net](mailto:belaf@earthlink.net)

### **CLACKAMAS PHYSICIAN ON CUTTING EDGE OF AESTHETIC MEDICINE**

**Clackamas, Ore., Sept. 10, 2008** – Max Grishkevich, a board certified physician and medical director of the VIP Medispa in Clackamas, was recently featured in a Portland Monthly advertorial for his work with SmartLipo™, an FDA approved fat removal and body sculpting system and alternative to liposuction and Lipodissolve. The Portland Monthly features stories on important people, places and activities in the Portland, Oregon area.

VIP Medispa is one of the only spas in the Portland and Southwest Washington area to offer the SmartLipo™ procedure.

“SmartLipo™ is the first and only laser-assisted lipolysis system to offer a minimally invasive procedure for the removal of fat,” says in the advertorial. “It is a significantly less invasive procedure when compared to other surgical methods of body shaping including liposuction and “tummy tuck” and much more effective than Lipodissolve.”

SmartLipo™ allows the surgeon to remove up to eight pounds of fat from multiple areas of the body through several tiny incisions that don't require stitches and are usually not visible after healing. It's ideal for women who have retained some fatty areas around their stomach and waist usually associated with skin laxity and sagging after pregnancy. It's also a superior method for body contouring and reshaping other areas including love handles, saddlebags, backs, thighs, hips, knees, arms, bra area, neck and chin.

#### **About Dr. Grishkevich and the VIP Medispa**

An accomplished board certified physician devoted to his patients, Dr. Grishkevich founded VIP Medispa in 2005 and has provided cosmetic treatments for thousands of patients. He welcomes patients to experience the 3,000 square foot, state-of-the-art facility with the highest grade equipment and most up to date technology available. VIP Medispa features eight treatment rooms and relaxing music in a calm and elegant atmosphere.

For more information about Dr. Max Grishkevich, VIP Medispa and SmartLipo™, please call the VIP Medispa at 503-513-5533 or visit [www.vipmedispa.com](http://www.vipmedispa.com).